

ADULT PSYCHIATRIC SERVICES

Psychiatric services often accompany and enhance a person's experience with counseling and therapy. The qualified psychiatric staff of the Carlsbad Mental Health Center strives to make each individual's experience a positive one. The journey towards recovery begins here.

CMHC's psychiatric department services are available to persons 18 and older who are experiencing emotional or developmental difficulties and who need a higher level of treatment in conjunction with other types of therapy treatment. Our licensed, professional medical staff includes psychiatrists, certified psychiatric nurse practitioners and a registered nurse who are experienced in treating clients with a variety of mental health issues.

Psychiatric Assessments

A doctor or nurse practitioner supervises our client cases with special training in psychiatric medicine. Assessments are provided to identify problems and determine the best approach to treatment.

Telepsychiatry

CMHC is proud to be on the cutting edge of technology. Through the use of new and innovative technology that is televideo and telemedicine, CMHC is able to link to the University of New Mexico's Health Sciences Center. UNM provides CMHC and its clients with access to an adult psychiatrist, addiction psychiatrist and a child psychiatrist. These psychiatrists meet and assess clients on a daily basis through the use of televideo in a comfortable, non-threatening supervised office setting. Our clients are able to see and instantaneously interact with the psychiatrist. In addition, the

psychiatrist makes periodic on-site visits to personally meet with clients and supervise the medical staff.

Medication Services

Depending on the nature of the difficulty, doctor-prescribed medications may provide some benefit as an individual attempts to work through personal issues.

Our registered nurse and licensed practical nurses meet with our clients and work closely with our doctors and nurse practitioners, providing valuable feedback on how each person is responding to prescribed medication.

Our psychiatric programs emphasize the use of clinical best practices in treatment to discover more effective ways of coping with difficult emotions. If you are willing to embark on a path to recovery, call Carlsbad Mental Health Center at 575-885-4836. *We care and we can help.*



Accessing Adult Psychiatric Services

For our customer's convenience, our clinical staff provides counseling services at our main office at 914 N. Canal in Carlsbad.

Initial assessments and entry into treatment is done on a walk-in basis during regular office hours. Emergency services can be accessed after regular business hours and on weekends and holidays by calling the Crisis Hotline at 575-885-8888.

Hours

Monday thru Thursday
8:00 am - 5:30 pm

Friday
8:00 am - 5:00 pm

Carlsbad

◆ Mental Health ◆

Center



**If you or someone you
know is experiencing
a problem, call the
behavioral healthcare
experts at
Carlsbad Mental
Health Center
575-885-4836**