

**Our Mission:**  
To Enhance, Change  
and Save Lives!

# AIRR



## **ADOLESCENT INTERVENTION FOR RECOVERY & RESILIENCY**

Adolescent Intervention for Recovery and Resiliency (AIRR) is an educational and therapeutic program for students at risk for dropping out, serious emotional disorders and involvement with the juvenile justice system. The program is a collaborative effort by Carlsbad Mental Health Center (CMHC) and the Carlsbad Municipal School District (CMS) to provide students in grades 3<sup>rd</sup> through 8<sup>th</sup> with an alternative education program in lieu of long-term suspension and/or expulsion.

The educational portion of AIRR will utilize two (2) distinctive models to engage students with relevant, on-demand information that is both media rich and relatable. The middle school students (grades 6-8) will use Education 2020 and the elementary students will use a combination of Compass Learning, Renaissance Learning, and current core content. Each model is embedded with sound research-based material designed by educational professionals. Both models emphasize higher learning principals based on Bloom's Taxonomy of Learning. Each student will progress through the lessons using various activities such as: interactive videos, essay writing, vocabulary instructions, and homework/practice activities. The assessment pieces are aligned to each lesson's objective, as well as the state standards and benchmarks.

Therapeutic interventions will assist the students with their ability to contain their impulses, to cope with their emotions and to develop interpersonal skills that will allow them to re-enter or to be maintained in school settings. The half-day curriculum will follow the Ansell-Casey Life Skills Program and utilize a learn-practice-implement approach. Ansell-Casey addresses multiple domains:

- Career planning Communication skill
- Daily living skills Home life concerns and basic issues Housing and money management.
- Self care promoting healthy physical and emotional development.
- Education and study skills

Regularly scheduled individual and family therapy sessions will be scheduled to address issues inside the home that may be contributing to the behavior of the child. CMHC believes that a home-based setting is ideal for family counseling and will make every effort to conduct the sessions as such.



Every child  
has the potential  
to thrive!

Carlsbad Mental  
Health Center



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## Second Chance

**The "Second Chance" Program** is an educational and therapeutic program for students who are at risk for dropping out and/or have serious emotional disorders and involvement with the juvenile justice system. The program is a collaborative effort between Carlsbad Municipal Schools and Carlsbad Mental Health Center to provide students at the Jr. High level with an alternative education program in lieu of long-term suspension and/or expulsion. Basically, **A Second Chance**. This program will allow the students to attend half a day in a supervised classroom setting with a Master's Level Educator as to complete necessary standard and required courses and the other half of the day in a classroom setting with a Master's Level Therapist and Aid for structured behavioral intervention - therapeutic treatment using age appropriate tasks and topics. It is our goal to provide and individualized educational and behavioral program with community based emotional support for both the student and their families so the student may return to and stay in school, with graduation as the ultimate result.

### How the *Second Chance Program* will help:

- The program will allow an alternative classroom, decreasing disruptions and discipline taking place in the mainstream classroom.
- Engaging parents/guardian/custodian and siblings so they are all actively participating and cooperating in the program as a unit/family to increase success.
- The program's goal is to facilitate a soft transition back into the regular classroom schedule.

The program will provide and promote areas of service to include:

- Self Development
- Behavior and Anger Management
- Social Skills
- Life Skills
- Role Playing
- Community pride and ownership